









Personal map: 3×15 grid (1 per player)

Moss tokens: For collection and exchange

Rest point tokens: Obtained through exchange, used to fill the map

Sunlight tokens: Remove obstacles or enhance moss collection

Corrosion tokens: Block rest point placement (must be cleared)

Random event bag: For drawing events

COMPONENTS

Escape into the Green

Basic Information:

Game Duration:

4-5 hours (15 minutes per round)

Game Setting:

Park/garden-themed physical activity



Players collect moss tokens to fill their personal maps and create green gardens. Every 3 moss tokens can be exchanged for 1 rest point. When rest points form a complete closed loop on the map, the player achieves victory by completing their "Mind Garden."



Setup:

- 1. Each player receives:
 - 1 personal map
 - Starting resource: 1 moss token
- 2. Place all moss, sunlight, and corrosion tokens in the random event bag in the common area.

Gameplay:

The game progresses in real-time, with 15-minute rounds. Each round, players must:

- Draw an event token from the bag (moss/sunlight/corrosion)
- 2. Take corresponding action:
 - Moss: Add to personal resources
 - Sunlight (when drawn):
 Remove 1 corrosion token
 OR double moss collection
 this round (collect 2 moss)
 - Corrosion: Place on next empty grid space (blocks rest points/moss until cleared)

Additional Rules:

- 1. Clearing corrosion:
 - Spend 1 sunlight token
 - OR spend 4 moss tokens (accumulable across rounds)
- 2. Rest point exchange: Immediately exchange 3 moss for 1 rest point when available

Victory Condition:

First player to create a complete closed loop with rest points (fully enclosing an area) immediately wins by completing their Mind Garden.

Notes:

- Rest points must be placed in map number sequence (no skipping)
- Players may adjust game duration and round settings as needed