

*«Body am I entirely,
and nothing more; and
soul is only a word
for something about
the body. The body is
a great intelligence,
a multiplicity with
one sense, a war
and a peace, a herd
and a shepherd. An
instrument of your
body is also your
little intelligence,
my brother, which
you call 'spirit' – a
little instrument and
toy of your great
intelligence.»*

hungry
tired
cold
hot
nappies full

horizontal
vertical

forward
backward
forward
backward







