

For Immediate Release
May, 29th, 2025

Abijah Tackles Change From the Outside In on New EP, *Turning;*



Album Cover by Abijah Zwiers and Cameron Presseault

Canadian indie folk musician Abijah shares a new EP, *Turning;*, now available on Spotify, Apple Music and Bandcamp. Across the project's four tracks, the Ottawa-based singer-songwriter weaves between various states of existential rumination and recognition, all backed by lush and complex soundscapes. This EP follows the release of its lead single "Mercy" and his 2024 EP, *Beyond me..*

In many ways, *Turning;* mirrors the cyclical nature of thoughts and the human experience. Instead of striving for a resolution in the face of fear, love, doubt, or existential dread, *Turning;* sees Abijah confront each phase with acceptance and reverence. Sequenced to create a continuous cycle, the project's last track "Over + Over" perfectly morphs back into the opening track, "Tear Me Down," pulling the listener right back to the start.

Speaking of the central thesis of the project, Abijah explains, "In turning towards something, you're always turning away from something else. In turning away from something, you're always turning towards something else. In my view of things, life is a sequence of these turns. More often than not, we (in opposition to what we feel or know we should do) turn towards things that are harmful and away from those that are good. I think this is the central meaning of *Turning;*."

Solitude and nature were the settings that planted many melodic and lyrical seeds for the project that were later recorded (in part) at Jonas Bonnetta's studio, Port William Sound. These moments of stillness allowed Abijah to harness ideas with clarity. Written, produced, mixed, and mastered by Abijah himself, and further refined with the help of his collaborators, **Justin Hay** (saxophone), **Crispin Newmarch** (drums), and **Grey Brisson** (electric guitar), the EP's lush and intimate soundscape perfectly emotes and multiplies everything that lies between the lines. A natural step forward following his previous project, *Beyond me..*, *Turning;* marks a creative and collaborative milestone in Abijah's career.

About Abijah

Abijah Zwiers is a singer-songwriter based in Ottawa, ON. Inspired by many of the indie folk greats of our time (Sufjan Stevens, Gregory Alan Isakov, and Adrienne Lenker), as well as ambient and post-rock artists like Sigur Ros, Aphex Twin, and Stars of the Lid, Abijah's music combines unique and opposing aesthetics into a modern indie folk sound. A marriage of acoustic warmth, analog rawness, and digital textures overlaid with existential questions and the complexities of the human experience, Abijah's music envelops listeners in an immersive experience.

Pronounced "uh-bye-juh"

###

For more information about Abijah please visit:

[Website](#) | [Instagram](#) | [Spotify](#) | [Bandcamp](#)