Private Client Coaching

Sample Engagements & Offerings

Private coaching with me is discreet, attuned, and completely personalized. I work with a small number of high-profile and high-impact individuals navigating the pressure, complexity, and visibility that comes with success. Whether you're in a public role, traveling frequently, or carrying the weight of leadership, this work offers a grounded and confidential space to reconnect with yourself—outside of performance or expectation.

Each engagement is tailored around you. What you're carrying. What you're becoming. What

This document offers a few examples of how we might work together, though every client relationship is uniquely co-created.

01. Monthly Private Coaching Retainer

Best for: ongoing support, integration, and deep personal development over time.

- Two four 60-minute sessions per month (virtual or in-person)
- Email and voice note access between sessions (within agreed-upon windows)
- Personalized reflections and practices following sessions
- Optional: on-location sessions (travel expenses additional)

Investment begins at \$3,000/month

(Travel-based retainer tiers available upon request)

02. Immersive Coaching Arc (3-6 months)

Best for: personal reinvention, transitional seasons, or leadership recalibration

- Customized arc of coaching designed around your life rhythm and goals Includes live sessions (virtual or in-person), integration time, and on-call support as needed
- Option to include travel, intensive days, or collaborative retreats

Investment ranges from \$15,000-\$50,000+ depending on scope

03. On-the-Road Residency

Best for: artists, public figures, or executives in highly visible or demanding seasons

- Travel with the client for events, tours, creative production, or launches
- Grounding, reflective, and strategic presence on the road
- Emotional support, discreet coaching, and integration practices throughout
- Includes availability during travel windows, presence in-person, and continued support post-engagement

Engagements customized based on scope, duration, and availability (NDAs welcomed; pricing upon consultation)

What This Work Is (And Isn't)

This isn't life-hacking or "fixing." It's not therapy or cheerleading.

This is a space for deeper attunement. For quiet clarity in the midst of noise. For private exploration where all parts of you—tender, brilliant, unsure—are welcome.

You don't need to be in crisis to want this kind of support. You just need to want more honest presence in your life. And someone who can meet you there.

To Begin

We start with a quiet, no-pressure conversation to understand what you're seeking and whether we're a fit. Every relationship is built on trust, care, and mutual clarity.

To schedule a confidential consultation, please reach out directly.