

# Arts in Ramsgate timetable Autumn 2025



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**

	MON	TUES	WEDS	THURS	FRI	SAT	SUN
MORNING	<b>Sketch Club</b> with Ruth Rollason  <b>11am-12.30pm</b>  A different still life and drawing activity each week. Materials provided, suitable for all levels.	<b>Mental Health Recovery</b> with the NHS Kent & Medway Recovery College  <b>10.30am-12.30pm</b>  <b>14th October</b> Relax and Breathe  <b>4th November</b> Creativity for Wellbeing - Starlight  <b>25th November</b> Create a Better Christmas  <b>2nd December</b> Student Connect ..... <b>Autistic Girls Network</b> with Charlie  <b>6-7pm, biweekly from 23rd Sept</b>  An ND run neuro-affirming space for autistic girls and non-binary young people. Session full.	<b>Singing Mamas</b> with Amy  <b>10.30am-12.30pm</b>  Singing is a proven way to improve Mood, reduce stress, soothe your nervous system and find connection with yourself and others.  A session for mamas, babies and children welcome.  £7 per session, £6 if you block book.  Visit our website to find the booking link or email: <b>amasingingmamas@gmail.com</b>	<b>Craft Club</b> with Christine  <b>1-4pm</b>  Join Christine and her craft ladies to learn crafting skills to make your own cards, keepsakes and gifts.  £3 plus the cost of your chosen craft kit (from 80p)  Text Christine on 07773 528 829 to enquire or just drop in.	<b>High Street Social Club</b> with Jemma  <b>11am-4pm</b>  FREE social drop in every Friday in term time. A zero pressure environment where all are welcome.  Refreshments provided, heating on!  <b>Fri 26th Sept</b> Autumn abundance workshop with Jas  <b>Fri 3rd Oct</b> New AiR sign design revealed! Come and have your say  <b>Fri 10th Oct</b> Cooking demo with Gita & community meal  <b>Fri 17th Oct</b> What do you need or want from AiR? Our Manifesto project begins!	<b>Halloween 'awkward family photos' photoshoot</b> with Jemma, Nikki, Carson & Jas  <b>November 1st 11am-4pm</b>  Free fun All Hallows photoshoot. Get your face painted, make a spooky prop with Carson, dress up, and pose for your awkward 'family' photo!  Suitable for everyone, bring your own costume or get kitted out by our stylist, darling.  Think Malick Sidibè meets The Addams Family :)  <b>Just drop in, no need to book, everyone gets a FREE spooky family portrait.</b>	<b>NEW Gentle Yoga &amp; Soundbath</b> with Sari Riches  <b>Starts 5th October 9.30-11am</b>  Spots are £15 with three free spaces reserved for those on low / no income.  Suitable for beginners & those with low mobility. Bring a mat.  <b>To book a £15 spot WhatsApp Sari on 07376 470 964</b>  <b>To book a free spot WhatsApp Jemma on 07450 916 558</b>
AFTERNOON	Sessions cost £10 which pays the tutor, 20% supports AiR. Cash & cards accepted.  Just drop in. ..... <b>Happy Mondays</b> with Eli & Carson						
EVENING	<b>1-6pm</b>  Come and join us every Monday for arts and crafts projects, free hand massages or just a cup of tea!  Free, no need to book, just drop in.						

CIC: 15907695

**Nobody ever turned away for lack of funds!**  
Contact Jemma if you'd like to attend something but are on low / no income, we'll sort it no fuss!

**Everyone is welcome at Arts in Ramsgate** 46 High Street, Ramsgate, CT11 9AG

**Email:** office@artsinramsgate.com / **WhatsApp:** 07450 916 558 / **Follow us:** @artsinramsgate