

Heal Calls

Curated and designed by V1 Nguyen-Diaz

Risographed at MassArt's Print Lab

Typefaces: Monotype Typography's Arial and
Cumberland Fontworks' Merchant Copy

Many images featured in this catalogue are not my own; some are artificially generated by Adobe Firefly and remain the property of their respective creators and copyright holders. They are used here solely for the purposes of commentary, analysis, and appreciation of hot pot. This catalogue is a non-profit, fan-made project created out of love, with no intention of infringing on copyright.



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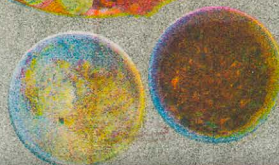
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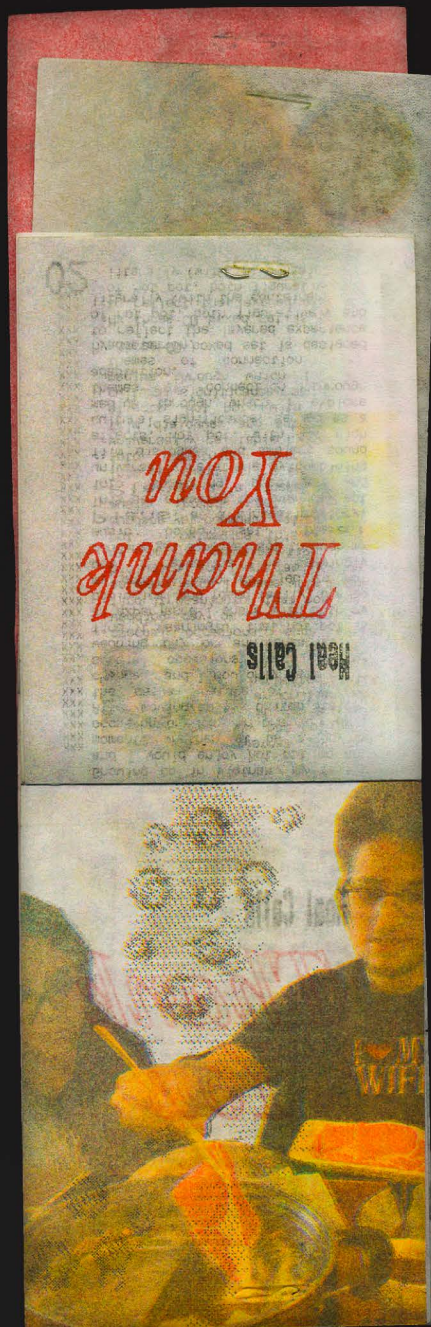
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Meal Calls

598 OLD COLONY AVE, BOSTON, MA 02127
(617) 277-1888
CATALOGUE #1 12/19/2024 08:00PM





Thank You

Meal Calls

itself resembling a pot). The collection translates the ritual of arrival, dining, and farewell into a narrative that highlights its significance. The first disc transports listeners on the Journey arriving at the restaurant. The second disc immerses them in the vibrant experience of the meal itself. To cap it off, the third disc evokes the feeling of winding down and departing, signaling the end of the evening with more ambient sounds. By blending sensory moments with filmic storytelling, the catalogue serves as a parody of the typical guest checkbook found in Chinese restaurants, commonly listed to list orders and track bills. In this case, the catalogue functions as both a reference guide and a literary companion. It details the films featured on each disc as well as poems that align with the themes of each stage of the hot pot experience. For the

04
the hot pot experience. For the
Journey of a
arrival to depart
disc focuses on the
important and partici
with films like
of the Day
reflecting bustling
bright lights, and
with loved ones. The
experience, feature
Kitchen (2008). Eat
Man Woman
Turning
which celebrate the past
and the future
preparation
the hot pot

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Thank You Heal Calls

first disc, which focuses on the arrival, I included Love Calls Us to the Things of This World by Richard Wilbur. While not directly related to a meal, Wilbur's poem characterizes an appreciation for ordinary moments and the anticipation that comes with arriving at a meal. The second disc, which occupies the listener in the experience of dining, features Li-Young Lee's poem Eating Together. This work highlights the emotional aspects of sharing a meal and emphasizes the intimacy between those gathered around the table. Finally, for the third disc, which captures the moment of departure, I selected Jason Shinder's The Party. This poem reflects on the solitude and contemplation that follows a shared experience, paralleling the emotions tied to the end of a meal. By including these poems alongside the films, the catalogue provides a framework that complements the auditory experience and enhances the themes

05

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05

Real Calls

XXX Their honest wisdom of, my project
 XXX capture the history, social and emotional
 XXX journey, the life's pot, meal from
 XXX a wander to a journey. The first
 XXX dish focuses on the overlooked yet
 XXX important anticipation of arrival
 XXX which unites one's family
 XXX Glimpse into the Way
 XXX of the Dragon (1992)
 XXX reflecting bustling city sounds,
 XXX bright lights, and conversations
 XXX with loved ones. The second dis-
 XXX dished into the heart of the
 XXX experiences featuring Hell
 XXX Kitchen (2008), Eat Drink
 XXX Motherland (1994), and
 XXX The Dragon (2022),
 XXX celebrating the passion of food
 XXX preparation, the joy of shared
 XXX meals, and the minor
 XXX pleasures, concluding with
 XXX playful and the humane cultural
 XXX generational
 XXX The myth of coveting the bill
 XXX The mythic motif explores the
 XXX better side emotions of departure,
 XXX with The Farewell
 XXX (2019),
 XXX The For Pi
 XXX (2016),
 XXX (2012) and The
 XXX The

06

The catalogue serves as the typical guest check in Chinese restaurants. In this case, the waiter and a literary companion as both a referent and the films company as well as poems and lyrics are available.

Real calls

of connection and reflection.

The three discs of my project capture the sensory and emotional journey of a hot pot meal, from arrival to departure. The first disc focuses on the overlooked yet important anticipation of arrival with films like **Family Guy** (2001) and **The Way of the Dragon** (1972) reflecting bustling city sounds, bright lights, and conversations with loved ones. The second disc dives into the heart of the experience, featuring **Dr. Katz's Kitchen** (2008), **Eat Drink Man Woman** (1994), and **Turning Red** (2022), which celebrate the passion of food preparation, the joy of shared meals, and the humor of feasting traditions, concluding with a playful nod to the cultural generosity of covering the bill.

The third disc explores the bittersweet emotions of departure, with **The Farewell** (2019), **Life of Pi** (2012), and **The Office** (2010) capturing the same of

06

You Thank Meal Calls

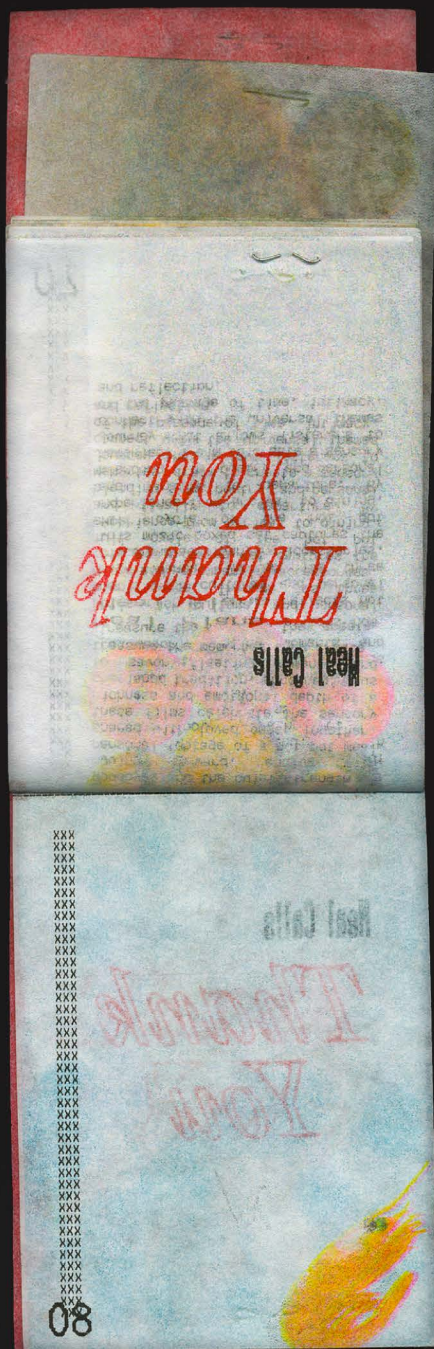
goodbyes and the quiet strength of moving forward, ending with personal footage of a hot pot meal shared with loved ones. Together, these films celebrate the sensory richness and emotional depth of a cherished tradition, encouraging us to savor fleeting moments and treasure the memories they create.

Meal Plans reflects hot pot's rich cultural and personal significance. Through its three discs and accompanying accessories, this music boxed set captures the full cycle of the hot pot experience—from arrival to dining, and finally to departure. By blending film, poetry, and personal memories, I aim to create a sensory journey that allows listeners to connect with the universal themes of the passage of time, intimacy, and reflection.

You Thank Meal Calls

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The End

CAN WE HAVE THE CHECK PLEASE?
CAN ON.

RCK	
DATE	AMOUNT
11/12	100.00
11/13	100.00
11/14	100.00
11/15	100.00
11/16	100.00
11/17	100.00
11/18	100.00
11/19	100.00
11/20	100.00
11/21	100.00
11/22	100.00
11/23	100.00
11/24	100.00
11/25	100.00
11/26	100.00
11/27	100.00
11/28	100.00
11/29	100.00
11/30	100.00
12/01	100.00
12/02	100.00
12/03	100.00
12/04	100.00
12/05	100.00
12/06	100.00
12/07	100.00
12/08	100.00
12/09	100.00
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12/20	100.00
12/21	100.00
12/22	100.00
12/23	100.00
12/24	100.00
12/25	100.00
12/26	100.00
12/27	100.00
12/28	100.00
12/29	100.00
12/30	100.00
12/31	100.00
TOTAL	3000.00

THE BANK OF THE AMERICAN CREDIT SYSTEM

The Departure

TRACK LIST - THE ART OF FINISHING A MEAL

Date	Amount	Guests	Server	
Fall	20.24	4	☺	092018

1	Lulu Wang's The Farewell (2019)	1:50
2	Ang Lee's Life of Pi (2012)	0:17
3	in Abrahams, David Zucker, and Jerry Zucker's Airplane! (1980)	0:03
4	John Hamburg's I Love You, Man (2009)	0:03
5	Steven Spielberg's E.T. the Extra-Terrestrial (1982)	0:06
6	The Office Season 7 (2010)	0:24
7	Hot Pot Dinner with Jiah and Junior (2020)	0:32
		2:32
	Tax	0:09
	Total	3:25
	Thank You - Please Read Again	

REORDER NO. 02111

Thank You

Heal Calls

ORDER #10-19-1985

Summary

TITLE	AUTHOR	QTY	YEAR
The Party	Jason Shinder	1	2009

And that's how it is; everyone standing up from the big silence

of the table with their glasses of certainty and plates of forgiveness and walking into the purple kitchen; everyone leaning away from the gas stove

Marie blows on at the very edge of the breaking blue-orange-lunging-

forward flames to warm another pot of coffee, while the dishes pile up in the sink, perfect as a pyramid. Awaah, says Donna, closing her eyes.

and leaning on Nick's shoulders as he drives the soft blade of the knife

through the glittering dark of the leftover chocolate birthday cake, That's it; that's how it is; everyone standing around as if just out of the pool.

shuffling back and forth on the deck of the present

Thank You

Heal Calls

before the boat slowly pulls away into the future. Because it hurts

to say goodbye, to pull your body out of the warm water!

to step out of the pocket of safety, clinging to what you knew, or what you thought you knew about yourself and others.

That's how it is, that's it, throwing your jacket over your shoulders

like a towel and saying goodbye Victoria's goodbye Sophie goodbye Lili goodbye sweetie take care be well hang in there see you soon.



THE PARTY

© 2009-2020

The Arrival

TRACK LIST - THE ART OF ARRIVING TO A MEAL

Date	Amount	Guests	Server	
Fall	20.24	4	☺	092018

1	Seth MacFarlane's Family Guy (2001)	0:09
2	Mary Harron's American Psycho (2000)	0:10
3	Bruce Lee's The Way of the Dragon (1972)	0:15
4	Martin Scorsese's Goodfellas (1990)	0:18
5	Mark Dindal's The Emperor's New Groove (2000)	0:04
6	Wayne Wang's Last Holiday (2006)	0:06
7	Hot Pot Dinner with Jiah and Junior (2024)	0:11
		1:13
	Tax	0:19
	Total	1:32
	Thank You - Please Read Again	

REORDER NO. 02111

NOT
THANK
YOU

Heal Calls

ORDER #03-01-1921

Summary

TITLE	AUTHOR	STY	YEAR
Love Calls Us to the Things of This World	Richard Wilbur	1	2004

Fall 20.24 4 ☺ 092018

The eyes open to a cry of pulleys,
And spirited from sleep, the astounded soul
Hangs for a moment bodiless and simple
As false dawn.

Outside the open window
The morning air is all swash with angels.

Some are in bed-sheets, some are in blouses.
Some are in smocks: but truly there they are.
Now they are rising together in calm swells
Of halcyon feeling, filling whatever they wear
With the deep joy of their impersonal breathing:

Now they are flying in place, conveying
The terrible speed of their omnipresence, moving
And staying like white water: and now of a sudden
They swoon down into so rapt a quiet
That nobody seems to be there.

The soul shrinks

From all that it is about to remember.
From the punctual rape of every blessed day,
And cries,

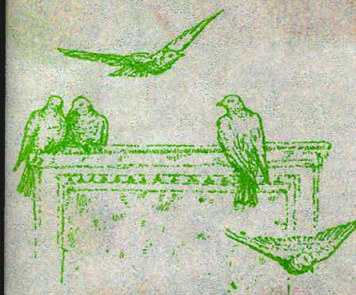
"Oh, let there be nothing on earth but laundry.
Nothing but rosy hands in the rising steam
And clear dances done in the sight of heaven."

NOT
THANK
YOU

Heal Calls

ORDER #03-01-1921

Yet, as the sun acknowledges
With a warm look the world's hunks and colors,
The soul descends once more in bitter love
To accept the waking body, saying now
In a changed voice as the sun yawns and rises,
"Bring them down from their ruddy gallows!
Let there be clean linen for the backs of thieves!
Let lovers go fresh and sweet to be undone,
And the heaviest runs walk in a pure floating
Of dark habits,
keeping their difficult balance."



LOVE CALLS US TO THE THINGS OF THIS WORLD

© ALMA STRETTTELL

TRACK LIST - THE ART OF DINING

Date	Amount	Guests	Server
Fall	20.24	4	092018

1	Bred Krefenberg's Hell's Kitchen Season 4 (2008)	0:06
2	Ang Lee's Eat Drink Man Woman (1994)	0:03
3	Martin Scorsese's Goodfellas (1990)	0:04
4	Domee Shi's Turning Red (2022)	0:13
5	Teenage Mutant Ninja Turtles (1987 TV Series)	0:02
6	Grappler Bak1 (1994 OVA)	0:07
7	Hot Pot Dinner with Jiah and Junior (2024)	0:15
8	Dragon Ball Z (1989 TV Series)	0:28
9	Arcane (2021 TV Series)	Tax 0:04
10	KonoSuba (2016 TV Series)	Total 0:11
11	Dragon Ball Super Planes (2015 TV Series)	0:04

REORDER NO. 02111

Thank You

Heat calls

The Heat

TRACK LIST - THE ART OF DINING

Date	Amount	Guests	Server
Fall	20.24	4	092078

12	Jeon Ki-sang's Boys Over Flowers (2008)	0:05
13	My Family's Visit to Hartford's C-Town (2024)	0:06
14	Keenen Ivory Wayans' White Chicks (2004)	0:05
15	Unidentified Film (Potentially Hong Kong Cinema or Stephen Chow Production)	0:17
		2:10
	Tax	0:15
	Total	2:25
	Thank You - Please Read Again	

REORDER NO. 02111

THANK YOU

Heat Cals

ORDER #08-19-1957

Summary

TITLE	AUTHOR	QTY	YEAR
<i>Eating Together</i>	Li-Young Lee	1	1985

Fall 2024 4
 In the steamer is the trout
 seasoned with slivers of ginger,
 two sprigs of green onion, and sesame oil.
 We shall eat it with rice for lunch,
 brothers, sister, my mother who will
 taste the sweetest meat of the head,
 holding it between her fingers
 deftly, the way my father did
 weeks ago. Then he lay down
 to sleep like a snow-covered road
 winding through pines older than him,
 without any travelers, and lonely for no one.



© KENDALL CHURCH OF GOD

The Arrival

TRACK LIST - THE ART OF ARRIVING TO A MEAL

Date	Amount	Guests	Server	
Fall	20.24	4	☺	092078

1	Seth MacFarlane's Family Guy (2001)	0:09
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7	Hot Pot Dinner with Jiah and Junior (2024)	0:11
		1:13
	Tax	0:19
	Total	1:32
	Thank You - Please Read Again	

REORDER NO. 02111

The Meal

TRACK LIST - THE ART OF DINING

Date	Amount	Guests	Server	
Fall	20.24	4	☺	092078

1	Brad Kreiberg's Hell's Kitchen Season 4 (2006)	0:06
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10	KonoSuba (2016 TV Series)	Total 0:11
11	Dragon Ball Super Movie 15: The Return of the Warrior	0:04

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The Departure

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Thank You Meal Calls

Growing up in Vietnam, my family and I would enjoy hot pot on any moment, whether it be a joyous occasion or just an ordinary day. After moving to the United States, the casual nature of hot pot changed, and I now only have it on special occasions, such as a wedding day or anniversary. I find it meaningful that hot pot is an experience I share with both my biological and found family. Due to my ongoing memories tied to hot pot, I reimagine this seemingly mundane yet communal act through my music boxed set, *Meal Plans*. This set elevates the everyday act into something precious and universally relatable by combining film dialogues and ambient sound effects. Hot pot, with its rich cultural significance, serves as a medium through which I explore themes of connection through adaptation, of connection. My three-CD boxed set is designed to reflect the layered experience of hot pot, both figuratively and literally (with the container).

02

Thank You Meal Calls

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02

NOXX HOT POT

Meal Calls

CHANG DONG HAI, JOY WANGSONG, LAM HONGAM
CHIU TSIU-CHING
AND THE OTHERS WHO GATHER AROUND

Manifesto

BY VI NGUYEN-DIAZ

To me, ^{hot pot} is more than just a meal;
it's a tradition deeply rooted in ^{community}
and ^{celebration}, with a rich history
spanning centuries across Asia.
The origins of hot pot
can be traced back to the ^{Qin Dynasty}
in ^{China}, where it was initially a
humble dish
served to ^{soldiers}. As the time
goes on, the dish evolved into a
communal meal that symbolizes
^{togetherness}. In my home country of
Vietnam,
hot pot-known to us as "^{lẩu}"
-is an essential part of ^{family}
^{gatherings}, often
enjoyed during holidays or festive
occasions. The shared
nature of the meal
encourages
^{bonding}. Diners dip ingredients
into a simmering pot of broth,
creating a
^{sensory experience} that is as much
about
^{connection} as it is about
food.

