monique holthuizen

curriculum vitae.

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Born in Berlin with Swiss nationality, my practice spans experimental design, futures thinking, and socially engaged interventions. As an interdisciplinary designer with a generalist mindset, I translate ideas into formats ranging from visual communication to installations and discursive narratives, always seeking to bridge theory and practice.

High school exchange, Namibia

2012. State-supported program

Language Course, London

2015. Improved English language skills

Anna-Essinger-Montessori Gemeinschaftsschule Berlin

2017. Abitur

Half year of travel

2018. Independent travel: Intercultural exchange and language improvement

Leipzig School of Design (LSoD)

2018/2019. Pre-studies and Internship

Köln International School of Design (KISD), TH Köln (DE)

2019 - 2024. BA Integrated Design

(Focus: European Studies in Design, MEDes program)

2024 - 2025. MA Integrated Design

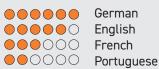
(Focus: European Studies in Design, MEDes program)

Politecnico di Milano (IT)

2023 – 2024. First year of Master of European Design (MEDes)

Universidade de Aveiro (PT)

2024 – 2025. Second year of Master of European Design (MEDes)



Design Methods & Research

Speculative Design, Futures Studies, User Research, Prototyping, Visual Storytelling

3D & Interactive Media

Blender, Unity 3D, Fusion 360

Visual & Media Production

Drawing, Photography, Video, Adobe Suite (InDesign, Photoshop, Lightroom, Premiere, After Effects), Logic Pro, Figma, Canva

Soft Skills

Interdisciplinary collaboration, Creative problem-solving, Leadership & Teamwork, Communication

2013. Tatmotive, Berlin (DE)

Internship for graphic design

2021. Next Level Festival, Essen (DE)

Production assistance

2022. Coevolution: Critical Design Installation, St. Gallen (CH)

Concept Development, Project Management, Communication

2023. frog design, Portfolio Slam, Munich (DE)

Selected participant, presentation of design portfolio to jury

2024. Reflective Echoes: Critical Fashion Installation, Zurich (CH)

Concept Development, Project Management, Communication

2024. Museum of Aveiro (PT)

Exhibition of Video Art

2025. Workshop for Neongreenmarket in Cologne (DE)

Project Instigator, Manager, Researcher