

Materials

- Not all 'recommended' materials are essential. It's OK to start with basics and add-on later, or proceed however you feel comfortable.
- Some rentals, such as yoga and meditation studios can provide helpful items like cushions, mats and blankets.



- At minimum, I recommend investing in memorial photo booklets (either reusable or single use), shrouds, and mats of some kind if the space you're using does not supply them.
- We want to limit the participants' responsibility. The goal is for them to be able to just show up and be provided with what they need. In a pinch, you may ask participants to bring their own mats and/or shrouds, but this needs to be carefully planned and communicated.

- A note on eye masks: choose masks that do not include scents, such as lavender. Though pleasant to many, some are very sensitive to smell, and some fragrances can even trigger strong emotions.
- I recommend battery-operated or rechargeable candles, especially if renting from a venue (seldom do they allow real flame)
- Don't forget to bring pens!



- It's helpful to have a few extra items on hand:
- flashlight (to pass around if it's too dim in the room for people to easily read during the 'sharing' portion)
- A few bottles of water
- Extra tissues
- Folding chair in case venue does not have them (most do!)