



www.iirispuustinen.com

Dancer/Performer/Choreographer
Based in Copenhagen & Helsinki



b.2000
Height 170cm
Hair blonde

RESIDENCIES:

Tero Saarinen Company
2023

Cultural Centre Sähinä
2023

Villa Arttu
2022

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Iris Puustinen is a professional dancer, performer and choreographer working extensively in the fields of dance and performing arts. She enjoys both working with choreographers and developing her own and collaborative projects. Iris has been working with choreographers such as Ima Idoozee (FI), Klevis Elmazaj (NL), Judith Sanchez Ruiz (DE), Noora Hannula (DK), Roine Söderlundh (SE) and Hanna Brotherus (FI).

With previous training focusing in jazz, show and streetdance Iris became versatile mover and she started working professionally at the age of 16. The interest towards contemporary dance, investigating movement in a deeper level and developing her own artistry lead her to begin contemporary dance studies at the university in 2020. Today she is living between Copenhagen and Helsinki pursuing her career internationally.

Iris' strengths are the variety within dance styles and techniques as well as her capability of working with both improvisation and precise, articulated set material. She has experience also from dance theater, physical theatre, camera work, voice work, working with objects and singing on stage.

EDUCATION:

Bachelor of Fine Arts, dance

Theatre Academy of the University of The Arts Helsinki, professor Eeva Muilu
Graduation year 2023

The Danish National School of Performing Arts Copenhagen, Erasmus exchange, professor Rasmus Ölme

CHOREOGRAPHIC WORK:

Still we play it 2025
Festival Avis de Tempête
Césure, Paris, France

3,2,1 (The Walk) 2023
Commission for Amos Rex contemporary art museum's Generation 2023 exhibition
artistic supervising Tero Saarinen & David Scarantino, Tero Saarinen Company

ILONA 2023
Theatre Academy graduation solo work & artistic thesis
artistic supervising Tiia Kasurinen & Sanna Myllylahti



Selected WORK LIST

2024:

The Ostrobothnians Finnish National Opera, director Paavo Westerberg, choreographer Kleviz Elmazaj

The Declutter Show Tjarnabíó, Reykjavík, Iceland, choreographer Noora Hannula

The Declutter Show Rønne Teater, Bornholm, Denmark, choreographer Noora Hannula

Waiting For The Bad Thing To Happen, CPH Stage festival, choreographer Noora Hannula

The Youtuber-tour Ice Hot Oslo, Baggård Teatret, Teater Momentum, choreographer Noora Hannula

understudy & intern

2023:

Don Giovanni Finnish National Opera, director Jussi Nikkilä, choreographer Ima Iduozee

Henrik Vibskov The Unboxing Waltz Tutorial Copenhagen Fashion Week

2022:

Fositar Theatre Academy, choreographer Lydia Touliaou

Poker Face Show & Dinner by Jonna Geagea Casino Helsinki, choreographer Sebastian Wennström

It is magnificent to feel Den Danske Scenekonstskole, choreographer Judith Sanchez Ruiz

2021:

West Side Story Savoy Theater, director Tuomas Parkkinen, choreographer Ima Iduozee

Nimetön-improvised performance Theatre Academy, directing teachers Eeva Muilu & Joona Halonen

2020:

Don Giovanni Finnish National Opera, director Jussi Nikkilä, choreographer Ima Iduozee

Poker Face Show & Dinner by Jonna Geagea Casino Helsinki, choreographer Sebastian Wennström

Ho Ri Zon Theatre Academy, choreographer Maarit Rankanen

SuomiLove-concert Hartwall Arena, choreographer Nora Mahmoud

2019:

SuomiLove-TV series choreographer Nora Mahmoud

Sony Music Finland Alex Mattsson, choreographer Nora Mahmoud

Elämä Lapselle-concert choreographer Nora Mahmoud, Sebastian Wennström 2019-2017

Viking Line cruise shows choreographer Sebastian Wennström & Nora Mahmoud & Pasi Mäkelä

2019-2018

2018:

Pride Helsinki concert Saara Aalto, choreographer Nora Mahmoud

2017:

Ruisrock Festival Isac Elliot & Mikael Gabriel choreographer Sebastian Wennström

Ode for The Oodi choreographer Hanna Brotherus

Spegling concert Finlandia Hall, choreographer Roine Söderlundh

Tähdet, Tähdet-TV series choreographer Sebastian Wennström

2015:

Helsinki Olympic Stadion Jari Sillanpää choreographer Peter Pihlström & Mindy Lindblom & Marco Bjurström