

What we have agreed about our online life

We have decided that:
(add your names)

Blank lines for writing names and decisions.



Basic Rules

1. We agree that we want to use our phones and the internet safely.
2. When we eat together phones and online activities will be off.
3. I can play my games after school for minutes and at weekends for minutes.
4. At night my phone will be charging in another room while I sleep.
5. We agree to be kind to other people online and move away from anything that upsets us.
6. We dont like to see or send photos or videos that are not OK for children or teenagers because they make us less safe or let other people see things that are private to us, if this happens I will tell an adult.

Below are our agreements for social media and our devices

We promise to do these things:

- Get help from [redacted] [name of parent / carer] to add friends at first.
- I'll only talk to close friends I know now or my family.
- I won't share photos that are inappropriate (describe).
- We all understand that social media apps have age limits and rules.
- We all understand how important it is to be private and [redacted] will set up a social media account for [redacted]
- We agree to be kind to other people on social media and help our friends.
- I know how to block or restrict people if they are nasty or I can ask [redacted] to help.
- Which platforms are we allowed to use and when? [redacted]

About Devices:

- Who will check regularly to see that the privacy and security settings are OK?
- What do we do if we are asked to click on something? [redacted]
(Like don't click 'accept' before checking with an adult)
- When is it OK to download files, games or apps? [redacted]
- When is it OK to buy things in games? [redacted]
- Which devices are we allowed to use and when? [redacted]

We will talk about our agreement every [redacted] [enter agreed amount of time] to see how it is working