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Project 3 – Artist Book: How to Become Real

For my project, How to Become Real, I wanted to critique the ways our society upholds its standards for women even before they have grown up. As a young girl, you are met with these ideals as soon as you're born, and they creep their way into everything you consume. I approached this concept by using a children's book and redacting certain sections to create new context for the textual elements and adding collage pieces from magazines and other advertisements. The book I chose to use for my found text was *The Velveteen Rabbit*. It's a book I grew up reading that has been around since the 1920s. I used Pinterest to find the pieces for my collage, and took those photos into Adobe Photoshop to resize, crop, and arrange them before printing. Using the actual copy of *The Velveteen Rabbit* for the form of my project rather than scanning it and creating my own book emphasizes the way young women, even children, are subliminally informed of the expectations laid out for them and their bodies as they grow and learn. Combined with the images used for the collage, it also emphasizes the sometimes pedophilic nature of many of the body standards we see in place for women today. The Velveteen Rabbit is not only a fantasy children's book about a stuffed animal, but the main human character is a little boy and not a girl. Redacting parts of the text to convey a new message paired with the images completely decontextualized the found text and allowed it to communicate the new concept I wanted to convey. I did connect some of the images to the source material by including rabbits and Playboy imagery as an aesthetic choice, and you are able to see some of the Sharpie markings were done by a young girl, angry at the world and her book for the things they taught her. The physical book encourages the viewer to read it like a story, rather than view it like an art piece. By using a children's book, you are invited in by the cover of *The Velveteen Rabbit*, and met with the true title, *How to Become Real*, on the inside. Then, you are guided through the story of a young girl coming into the knowledge of her fate as a woman.















