From the perspective of quantum physics and the multiple universes theorem, a stranger does not exist as you are in some way in some universe always connected with the other.

Taking this freer approach on what a strange is, can allow for one to find wholeness in themselves. As in some way we are also the ones around us, and this cold idea of a stranger being this person you can't connect with, prevents one from accepting or connecting with that part of themselves that is also made up of this stranger.

I am so scared to be alone.

I feel alone now, everyone is so far away, lives pass me.

My mind is singular,

my deep interest with love and connection, my movement to love, my grasping, gasping for love.

Is a way for me not to feel alone.

But these books don't make me feel less lonely.

My theory stems out of my loneliness,

because, maybe if I can break the idea of the stranger, I can prove to myself that I am not alone, that loneliness does not exist.

But I don't feel like I believe that now, because I feel alone and it seems endless.

I will, however, still do my best, I will learn about love, the absence of it, the forms it takes, so I can love better, make someone else feel less alone.

Let them know that even though in my head I am alone, I as an idea am scattered/ expanded to hold those who feel alone. I will hold you close, even if I am floating off, me in that moment, me in another form, another shape will be there. Me as an idea am multiple, and you can hold part of me just like it will hold you. Thank you, for existing, thank you, for giving me an alternative to being scared of being. Wherever you are, whenever you are we will have existed forever. And I am grateful that it is you.

By Hooi-Ying Ash Zhang

张海莹