

EDU

- International School of Shiatsu, Budapest – AMM Therapist, Certified Shiatsu Practitioner (2024)
- P.A.R.T.S., Brussels – Research Studios Pilot #2 (MA Equivalent) (2016–2015)
- Salzburg Experimental Academy of Dance (SEAD) – BA in Dance (2014–2011)
- Budapest Comprehensive Dance Academy (2011–2007)

WORKS –selection–

- ...it comes in Waves (2025 BRONKS Theatre Brussels BE)
- Mothmen (2024 Kolorádó Festival HU)
- Cryptic Bodies (2021 Artus Stúdió Budapest HU – *2021-2023 on tour*)
- Plateau (2020 National Dance Theatre Budapest HU)
- RAMBÓ – Kelemen-Raubinek-Szabó (2019 MU Theatre Budapest HU)
- Celesztin – heavenly apparitions and other unearthly phenomena (2019 MU Theatre Budapest HU)

COLLAB. –selection–

- Platonic Dances – Alja Branc (2025 Španski Borci Ljubljana SLO – *on tour*)
- Respect for the 23.000 – Lili Raubinek (2023 Trafó House Budapest HU – *on tour*) Balta & Rudolf Lábán Award
- Zenith (Dance Feature Film) – Anton Lachky & György Kristóf (2023)
- AURA – Hollow (2023 Radialsystem Berlin DE)
- United Space of Ambivalence – Máté Mészáros (2018 Trafó House Budapest HU) Rudolf Lábán Award nom.
- Standing Ground – Imre Vass (2018 MU Theatre Budapest HU)
- Grace – HODWORKS (2017 Teszt Festival Timisoara RO)
- Tino Sehgal – Kiss (2017 Martin Gropius Bau Berlin DE)
- Anton Lachky – Sens Interdit (2016 Bordeaux FR)
- Needcompany / Jan Lauwers – All Tomorrow's Parties (2015 Berlin DE)
- Trisha Brown Repertoire – Set & Reset (Karczag Éva) (2010 MU Theatre Budapest HU)

SHIATSU & SOMATIC RESEARCH

Touch is the first language of the body. Long before we form words, we sense, we connect, we navigate space through the skin's intelligence. My practice in Shiatsu is an extension of this—an exploration of the kinesthetic implications of touch in movement, composition, and performance.

Shiatsu, like dance, is a system of listening. It is a dialogue where the body speaks before the mind translates. Rooted in Traditional Chinese Medicine, Shiatsu cultivates a deep awareness of weight, gravity, and energetic flow—principles that directly shape my choreographic and improvisational work. Through it, I investigate the intersection of healing and performing arts, between somatic empathy and choreographic composition.

In my artistic research, I integrate Shiatsu as a tool to expand the vocabulary of presence—working with dancers, performers, and audiences to access states of deep physical receptivity and heightened spatial awareness. It is about proximity, resonance, and care—about creating situations where touch is not just therapeutic but performative.

AWARDS & SCHOLARSHIPS

- Balta Award (2023)
- Rudolf Lábán Award (2023, awarded I 2019, nominated)
- Workshop Foundation – BILATERAL Exchange Philadelphia/Budapest (2018)
- Fülöp Viktor Scholarship (2018)
- SEAD & P.A.R.T.S. Scholarships (2014 I 2016)
- Leonardo Mobility Award (2013)

MULTIDISCIPLINARY PROJECTS

- Smearing (Music Album) – Collaboration with Áron Porteleki (2024)
- Zenith (Dance Feature Film) – Assistant Choreographer, Dir: György Kristóf (2023)
- I.-IV. Under500 Festival Budapest, HU – co-organizer (2020-2023)
- The Symptoms (Tünet Együttes) – Artistic Co-director (2020–2021)

TEACHING & MENTORSHIP

Since 2016, I have been leading workshops, masterclasses, and mentorship programs across Europe, focusing on improvisation, contact-based techniques, bodywork, and movement research. My teaching integrates contemporary dance, somatic practices, and Shiatsu, fostering deep physical awareness and creative autonomy.

- ...it comes in waves @ Kunsthumaniora Brussel (prep.work for '...it comes in Waves) (2025)
- Mothmen Participatory Workshop & Performance (2023-2024)
- Artistic Mentoring for Softwareness (Julija Pecnikar) (2023)
- Interrogating the Unknown – Weekly Morning Class (2023 Budapest, HU)
- Bodywork @ Bábel (Annual Workshop Series) (2020–2024)
- MetaSurgery (Co-teaching with Tamás Bakó) (2020)
- Performance Lab (Co-teaching with Tamás Bakó) (2019)
- Mentor at BCDC (Till Jenewein) (2018–2019)
- Life Long Burning TeachBack Workshop (2018 Budapest HU)
- Timely Matters Workshop (2018 Budapest HU)
- Radical Contact Masterclasses (2017 Budapest HU)

VIDEOS & PORTFOLIO

- [Cryptic Bodies Trailer](#)
- [MetaSurgery vol. i.](#)
- [facingNorth](#) – improvisation by Patrik Kelemen–Eszter Gál–Tamás Bakó
- [RAMBÓ Trailer](#)
- [Celestine - heavenly apparitions and other unearthly phenomena Trailer](#)