

'URBAN PLANTARIUM' 2022 / 2023

Ecosomatic movement research and Solstice performances (at Uferstudios) by Michela Filzi, funded by DIS-TANZ-SOLO.

Documentation: <https://www.michelafilzi.com/urban-plantarium> [Review about the Solstice performances written by Susanna Ylikoski on STREAM](#)

URBAN PLANTARIUM is michela filzi's research at the intersection between ecology and dance, combining foraging; the practice of collecting wild plants for culinary purposes, with somatic dance; focused on the attunement to the environment.

This research is an exploration of the nomadic practice of foraging, which enables one to encounter any landscape and attune to it, in the ever-changing green areas, parks and gardens of the urban landscape. The project concluded itself in the two performances of dance and conviviality, taking place in the yard of Uferstudios on the 20th and 21st of June 2023.

Inviting an audience to gather around Solstice and the celebration of plant life.

Artistic direction, text & choreography:

Michela Filzi

dance: Akseli Aittomäki, Maud Buckenmeyer, Tamara Yael Kanfer, Beatrix Joyce, Michela Filzi

music and performance: Sebastian Faust
herbalist food-art: Florencia Konekamp Kusch (Ohne)

[URBAN PLANTARIUM album on Spotify](#)

URBAN PLANT -ARIUM



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'FORAY AND INTUITION' 2023

Participatory ecosomatic research by Michela Filzi, funded by DIS-TANZ-SOLO. The project invited groups of 10 participants to a series of *somatic foraging walks* in different parks of Berlin, between April and June 2023.

By somatic foraging, I refer to the practice of roaming in urban green spaces and foraging wild plants for eating and healing purposes. But as well, I proposed the practice of foraging in a metaphorical sense, where we seek and harvest a sense of belonging to nature and plant life. By means of plant meditation and ecosomatic practices I offered a space for reconnecting to nature.



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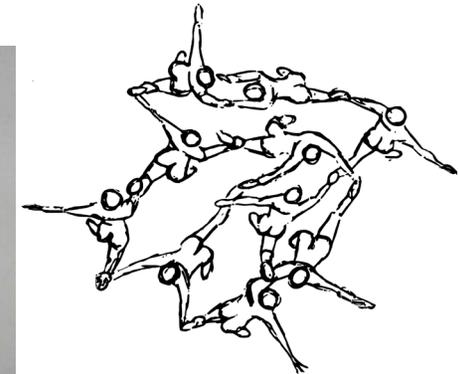
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'TIPPING POINT ResearchLab' 2022

A dance research project by Michela Filzi developed as part of the #TAKEHEART residency funding program of the Fonds Darstellende Künste, in collaboration with Kampnagel (Hamburg).

The project investigates the changes and properties of a dynamic system in the immediate vicinity of a tipping point. In ecological and social terms, a tipping point is the point at which a series of small changes or events in a dynamic system become significant enough to cause a large, irreversible change. Based on the assumption that the body itself is a complex system and that a group of dancing bodies forms an even larger and more complex system, I have applied the phenomenon of the tipping point to movement research for a group of dancers and non-professional dancers.



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'HEIDE' 2023

Immersive dance/light performance by **WILD ACCESS** at Koelnischeheide Park, Berlin. Full video documentation:

<https://vimeo.com/885081828/573fd5c9f7?share=copy>

WILD ACCESS is a nomadic performance group that since 2021 has brought immersive performances to public spaces such as parks, squares and running tracks (in Berlin Schöneberg, Pankow and Lichtenberg) and museums (BLMK Cottbus).

WILD ACCESS researches sites and their present (urban) environments to develop live performances that, in times of increasing climate crisis, shine a light on invisible ecosystems and confront human perspectives on the natural world.

Artistic direction & choreography:

Beatrix Joyce

Dance & co-creation: Michela Filzi,
Susanna Ylikoski, Savina Casarin, Imola Nagy

Lights & costume: Lena Gätjens

Sound design: Jethro Cooke

Drums: Jake Long

Voice: Beatrix Joyce, Michela Filzi



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'COTTBUS' 2022

Immersive dance/light performance by **WILD ACCESS** in Goethepark and at the Dielekraftwerk (BLMK) Cottbus. Hybrid format that moves between audio walk and live performance, the audience is invited to a nocturnal experience that transforms the park through dance, light and sound.

Trailer: <https://vimeo.com/778949039>



Artistic direction & dance: Beatrix Joyce

Dance & co-creation: Michela Filzi,

Lights: Lena Gätjens

Sound design: Jethro Cooke

Voice: Beatrix Joyce, Michela Filzi

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'Fire Starter' 2022

Dance performance by André Uerba at Galerie Wedding, as part of Movement Research ACROSS.

Press: <https://galeriewedding.de/fire-startes-2-inviting-moments-of-stillness/>



Seven performers play with concepts of togetherness and explore how the encounter between them, the audience and the viewers can manifest itself. Fire Starter #2 is a research space in which the audience can determine its own role: it watches, it moves or it dynamically changes position. The performers themselves can become caretakers, "guides" who lead the experience during the piece.

Concept, choreography:
André Uerba
performers: Lyllie Rouviere, Luisa Rodriguez, Marcell Proske, Manoela Rangel, Michela Filzi, Pauline Payen.
curated by: Nitsan Margalio, Solvej Helweg Ovesen and Kathrin Pohlmann in the frame of Existing Otherwise.



Fire Starter by André Uerba / © 2022 XO Curatorial Projects / photo by Juan Saez

'arm dances' 2022 - 2023

Performance by Niels Weijer, presented as part of AUSUFERN festival at Lobeblock and Uferstudios Berlin in 2022. (duration 30min)

Performed in 2023 in Kiezkapelle, Berlin. (Duration 40 min)

Full video documentation (2023):

<https://vimeo.com/894151336/8e7f610f6a?share=copy>

Arm dances is a performance about gestures, Renaissance sculptures, care and trust. Five dancers transform themselves into metaphors for fingers, into parts of a tableau vivant and into the workers of a museum who set up a sculpture. This performance is about five dancers finding stories together, the meaning of their movement and trust in each other.

[Review about "arm dances" 2022 by Beatrix Joyce, published on STREAM](#)



Concept, choreography: niels weijer
dance 2022: camille chapon, daniel conant, michela filzi, laura quintoli, niels weijer
dance 2023: daniel conant, michela filzi, niels weijer, mike o'connor
dramaturgy mike o'connor
costumes magdalena staeve
production michela filzi

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'In someone else's shoes, metabolic encounters' 2021

Participatory performance by Michela Filzi with Matteo de Santis and Samuel von Dueffel. Presented as part of 'SODA WORKS', HZT, Uferstudios Berlin. (Duration 90min)

Trailer: <https://michelafilzi.com/metabolic-encounters>



Photo ©2021 Alicja Hoppel

"Metabolic encounters" is based on a cumulative creative process dependent on its social context and environment. Developed during the Pandemic it deals with social distancing and uses objects as proxies of the almost absent bodies of the audience. Conceptually inspired by the "vital materialist" idea of the call of things and their agency on humans.

It directly involves the shoes of the attendants at the presentation and also the shoes of the audience attending via live-streaming. As an interdisciplinary project it invited the audience to interact with the soundscape of the performance via a Telegram bot, that directly transformed images in sound.

Dancing with things becomes a way of dancing with each other at a distance.

'Linear Engagement' 2021

Dance films by Mike O'Connor, as part of his doctoral thesis in the framework of the THIRD Fellowship at the DAS Graduate School. Presented at Universität der Künste Berlin, Rundgang 2022.

- Lines of Experience

<https://youtu.be/exrv7PRNXFA>

- Linear Engagement

<https://youtu.be/d68azVY4yX0>

- the Occluding edge

<https://youtu.be/Mdaj0rHHUmE>

Concept: Michael O'Connor
improvised dance: Michela Filzi,
Sophie Obermayer, Miguel Pereira
and Samuel Feldhandler.
videography: Jubal Battisti



Photo ©2021 Niels Weijer