

HOW TO LISTEN, SMELL, AND SEE THE FOREST



PAINTED WITH SOIL FROM FOREST PARK

1. Walk into the forest and find a leaf, perhaps two, or three.



2. Curl the leaf over itself so that it creates a cylindrical shape. Mark and make a hole so that the stem can pass through the leaf where the two ends meet.



3. Hold the leaf to your ear by the stem and listen.



4. Hold the leaf to your nose and smell.



5. Hold the leaf to your eyes and see.



This is a collaborative How To made by
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