

PRICELIST

MOVEMENT
PRINCIPLE

Including Pricelist Terms & Conditions

Effective: 7 April 2025

All purchases are subject to our terms and conditions of use and expiry including our full cancellation policy.

INTRODUCTORY GROUP PASSES

- Brisbane CBD studio only
- Valid for new clients only

Intro to Pilates Group Pass

4 group classes — \$65 — Valid 14 day

- For clients with recent or strong movement backgrounds who are confident using the pilates reformer and small apparatus.

Initial Assessment + 4 Group Class Pass

\$120 — Valid 14 days

- Designed for beginners to Pilates and Reformer use. Includes one initial assessment session plus 4 group classes.

GROUP REFORMER & MAT SESSIONS

Casual — \$305 Pack — \$140 — Valid 2 months from first use (\$28/class)

10 Pack — \$240 — Valid 3 months from first use (\$24/class)

Monthly Group Pass — \$210 — 15 classes over 30 days from first use (\$14/class)

GROUP REFORMER & MAT MEMBERSHIPS

2x/week Membership — \$160 — 8 classes/month (\$20/class)

3x/week Membership — \$195 — 12 classes/month (\$16.25/class)

- Memberships are monthly, auto-renew via direct debit, and have a 3-month minimum term.
- Not cancellable/transferrable/pausable unless in accordance with T&Cs (illness or holidays).

PRIVATE REFORMER SESSIONS

60-minute private sessions for in-depth Reformer training. Ideal for home-practice support.

Casual — \$110 — Valid single use

5 Pack — \$500 — Valid 2 months from first use

10 Pack — \$900 — Valid 3 months from first use

DUO REFORMER SESSIONS

For 2 clients — ideal for friends/relatives. Single billing only.

Casual — \$120/session (\$60/person) — Valid single use

5 Pack — \$540 — Valid 2 months (\$108/session)

10 Pack — \$1000 — Valid 3 months (\$100/session)

INTRODUCTORY PILATES STUDIO SESSIONS

- Valid for new studio clients only

Initial Pilates Studio Assessment – \$110

- 60-minute private assessment to review movement/injury history and introduce equipment and method.

Initial Pilates Best Practice Pack – \$525 – Valid 2 months from first use (\$105/session)

- Includes assessment + 4 private sessions to build a strong Pilates foundation.

Specialized & Scoliosis Assessment – \$180

- 90-minute session with a specialist instructor. Reviews X-rays/medical reports and develops a personalised plan.

PRIVATE PILATES SESSIONS

For personalised instruction and flexible scheduling.

Casual – \$130 – Valid single use

5 Pack – \$500 – Valid 2 months from first use (\$100/session)

10 Pack – \$900 – Valid 3 months from first use (\$90/session)

PILATES DUO SESSIONS

Private sessions for 2 clients. Single billing only.

Casual – \$140/session (\$70/person) – Valid single use

5 Pack – \$580 – Valid 2 months (\$116/session)

10 Pack – \$1100 – Valid 3 months (\$110/session)

PILATES STUDIO SESSIONS

Initial Assessment required before attending studio sessions.

Casual – \$55 – Valid single use

5 Pack – \$280 – Valid 2 months from first use (\$48/session)

10 Pack – \$440 – Valid 3 months from first use (\$44/session)

INFRARED SAUNA SESSIONS

CBD only – single person use

Intro Offer: 3 Pack – \$70

Casual – \$35

5 Pack – \$140

10 Pack – \$260

All purchases are non-refundable, non-transferrable, and non-extendable. Exceptions for illness and holidays – see full T&Cs for suspension policies.

Activation & Expiry

- Packs activate on first visit (not date of sale)
- Introductory packs valid for 14 days from first use – available to new clients only, once only
- Casual visits valid for one booking
- 5 Packs expire 2 months after first use
- 10 Packs expire 3 months after first use

Memberships

- Billed monthly – 3-month minimum term
- Not cancellable, extendable, or pausable within this period
- Auto-renews every 30 days via direct debit/card
- Cancellations require 2 weeks' notice post-commitment period (email info@movementprinciple.com.au)
- Memberships cannot be cancelled online or via app
- Holds/suspensions permitted (illness/holiday/compassionate grounds) – max 2x per year, max 6 weeks total – email 2 weeks in advance

Bookings & Cancellations

- Bookings essential; strictly capped
- No bookings via social media or phone
- Full payment required for booking
- Email bookings >48 hrs in advance only if current credits exist; otherwise use app or web platform

Movement Principle Pilates may cancel sessions for low attendance or instructor unavailability.

- Clients notified via SMS or app
- Credit will be returned for future use

Late Cancellations & No Shows

- Cancellations must be made via app or online browser
- No shows or >4 late cancellations per month = future classes removed + \$20 admin fee
- Appointment cancellations/reschedules also via app only
- Missed or late-cancelled sessions forfeit credit