

# Paribesh Sitoula

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## Work Experience

**VCUarts Qatar** — Aug 2023 - May 2024  
**IMS - Equipment and Facility Technician**

Equipment library management. Supported workshops, and assisted patrons with equipment and studio needs.

**Northwestern Qatar** — Jan 2023 - April 2023  
**Digital Unit - Marketing and Communications**

Responsible for Northwestern Qatar's social media posts and productions.

**Al Jazeera English** — Feb 2022 - Apr 2022  
**Editing for Broadcast**

Responsible for editing all types of broadcast news content that aired on the channel.

**The Daily Q** — Aug 2020 - Aug 2021  
**Multimedia Reporter**

Reporting, filming, editing, and producing for the student run school magazine, The Daily Q.

## Studio 20Q Projects

University Grant Funded Short Films

**What did you Eat? (2024)**

Director, Visual Director, Editing, Color

**Asliyat (2024)**

Head of Lighting and Grip

**Musafir (2024)**

Sound Recordist

**Lehrein (2024)**

Key Grip

**The Swinging Chandelier (2023)**

Key Grip, Sound Assistant

**Maa Ki Beti (2023)**

Head of Production Design

**Inferiors (2023)**

Key Grip

**Thwb El Eid (2023)**

Lighting and Production Assistant

**Love for Layla (2021)**

Head of Lighting and Grip

## Education

**Northwestern | Qatar**

Bachelor's of Sciences in Journalism and Strategic Communications.

**Relevant Courses**

Broadcast Journalism

Sports Broadcasting

Documentary Filmmaking

News Gathering and Assessment

Media Construction

Theories of the Moving Image

## Research and Teaching

**Research Assistant**

Philosophy and Critical Pedagogy

Research work on education systems and ways of knowing.

**Teaching Assistant**

Magazine and Culture News Show

Teaching assistant for a magazine show featuring topics of media and culture.

## Creative and Technical

**Film Production**

Directing, Producing, Cinematography, Lighting, Sound Recording, Screenplay, Storyboards.

**News Production**

News Reporting, Feature Writing, Data Stories, News Packages, Feature Packages, Short Documentaries.

**Camera**

SLRs, DSLRs, Cinema Cameras, 360 Cameras.

**Sound**

Mixers and Recorders, Microphones, Post-Production Hardwares and Softwares.

**Lighting and Grip**

Tungsten Lights, LED Lights, Fluorescent Lights, HMIs, Cranes, Dollies, Tracks.

**Post Production**

Editing/Montage, Image Retouching and Compositing, Color Grading, Motion Graphics, Sound Design.