# JO FORD

I am an aspiring film production buyer. My core skills encompass creative, future and strategic thinking, idea generation, conceptualization, teamwork, and thorough trend, market, and consumer research.

For my major final year project, I delved into exploring the cathartic properties of colour and its underlying theories. I created a liberating practice where individuals could express emotions and thoughts by immersing themselves in the personal and aesthetic realm of colour. This concept aimed to stimulate a desire for mindful engagement and completion of activities.

I'm fascinated by the constant innovation and evolution within the industry, especially how fashion trends cycle and influence consumer responses. Additionally, I am intrigued by the profound meaning in creative choices, often backed by research and a factual basis.



LINKEDIN Jo Ford

EMAIL j.o.ford@icloud.com

INSTAGRAM @joford.fcp

WEBSITE https://jofordcreative.cargo. site GENERATING VISUALS AND CONCEPTS

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BRAND PARTNERSHIP DEVELOMENT DESIGN RECIPE

З Homegrown (tsptr)



# SKILLS ADOBE SOFTWARE

MARKET / CONSUMER RESEARCH CONCEPTUALISATION TREND FORECASTING **IDEA GENERATION** STRATEGIC THINKING **GRAPHICS** VISUALISATION **MOCK-UPS BRANDING / COMMUNICATION** PHOTOGRAPHY



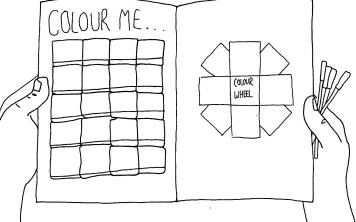
### CONCEPT BOARDS

#### WORKING OUT BRAND PARTNERSHIPS

GENERATING VISUALS







## **PROJECT - 2**

#### **DEVELOPING PROJECT - 1**

The brief for the Solution stage was to creatively address the problem, ideate innovative fashion communication and promotion ideas, test and refine them, and connect with your target audience effectively.

#### **Problem Statement**

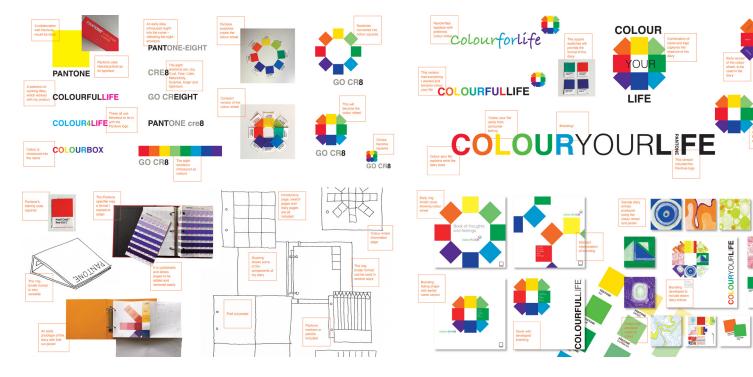
How can I create a mindfulness practice using colour that aims to engage young adults daily in completing an activity and nurturing an overall sense of healthy well-being, considering their struggle to establish a routine?

#### Solution Statement

Many young adults struggle to establish a routine with mindfulness activities, often overlooking the potential of colour as a unique tool for catharsis. To address this gap, I created a straightforward practice that incorporates colour theory as a means of emotional release. The originality of the outcome encourages my consumer to use it regularly.

#### Big Idea

A freeing space where individuals can record emotions and thoughts by immersing themselves in the personal and aesthetic realm of colour, stimulating a desire to engage in mindful activities to completion.





### FINAL OUTCOMES

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### ROUTE TO CONSUMER



## PROJECT - 3

### HOMEGROWN (TSPTR) CONSUMER BOARD

The task was to craft a zine reflecting my personal interpretation of 'Homegrown.' I aimed to explore how I cultivated a sense of comfort upon leaving my childhood home, focusing on the connection between colour theory and emotional well-being.

#### CONSUMER

- 18-24 yrs old
- University students
- Has a pre-existing interest in art and design
- Wears Adidas gazelles
- Frequently buys Tesco meal deals
- Attends the university gym
- Reads Sally Rooney
- Chariety shops every month
- Enjoys taking digital pictures
- Engages loosely with Instagram
- Makes list
- Goes clubbing twice a week
- Homebody
- Likes to cook
- Interested in the history of fashion
- Has two tattoos
- Favourite designer is JW Anderson
- Owns a Vivienne Westwood lighter
- Plays guitar
- Enjoys walks with headphones on
- Dyes hair every 6 months
- Likes SZA, KAYTRANADA and Miguel
- Wears silver jewellery
- Owns a skims dress
- Practices mindfulness
- Does pilates tutorials on YouTube
- Has a pret membership
- Smokes socially
- Sentimental
- Takes an art based university course
- Journals weekly
- Enjoys nature
- Works part-time in a cafe



# **PROJECT - 3**

# THE CONCEPTS FOR EACH ROOM THEME

#### CUSTOM COLOUR SWATCHES

These concept boards offer escapism, mindfulness, safety, and comfort through curated colours, textures, art, lighting etc. Harmonising soothing elements creates relaxing spaces that prioritise emotional wellness, making them inviting sanctuaries for rejuvenation and inspiration.



THE NEUTRALS



EYES ON THE PRIZE



A 'POP' OF COLOUR



THE TIME CAPSULE