Parnian • Anaa

Designer, Community Advocate, and Collaborator

Hoping to use my skills in art, design, and fashion in serving my communities, as well as further growing within this creative journey...

EXPERIENCE

Emily Carr Library - Accessibility Research Assistant

Sept 2024 - Present

- In collaboration with the library, I am leading an accessibility research to enhance the library's resources and services for students.
- Using different design research methods such as survey development, I have engaged with students to collect feedback, and have created a short and long term plan for accessibility improvement.
- Hosting sensory friendly study nights
- Writing creative access descriptions for the print collection

Emily Carr Health and Design Lab – Research Assistant for Dementia-Friendly Community Project

January - June 2024

- Researched and co-designed five virtual workshops in collaboration with researchers from University of Victoria, to create a dementia friendly community action plan for people with dementia who live independently across BC.
- The project involved kit making, hosting, data analysis, and writing a final report.
- The results are being used to apply for further funding to develop further projects with the growing number of people with dementia who live independently (alone).

Group Fitness Instructor— Steve Nash Fitness World, North Vancouver Recreational Centers

April 2019 - Present

- Developing and teaching a variety of class plans for a wide range of audience. Class types include: Yoga/Stretch/ Resistance Training/ HITT
- I also specialize in youth and accessibility focused training

CIVIC ENGAGEMENT

Emily Carr Board of Governance - Student Board Representative

August 2023 - Present

- Advocating for affordable education
- Engaging in annual matters of the board such as budget approval
- Served on Presidential Review Committee and Presidential Search Committee

Emily Carr's Students' Union — Grounded Engagement, Internal Affairs, and Racialized Community Coordinator

July 2020 - Present

• Researching through design as a way to advocate for student needs.

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EDUCATION & CERTIFICATION

BA Industrial Design, Minor of Social Practices and Community Engagement, Emily Carr University (Graduating May 2025, GPA 3.961)

Research Ethics, TCPS 2: Core (2023)

Mueller Pattern Making/ Fashion Design Certificate, City & Guilds (2022)

Certified Personal Training, NASM (since 2021)

Non-violent Communication (2020)

200 Hour Teacher Training, Yoga Alliance | Trauma Informed Yoga, Yoga Outreach (since 2019)

AWARDS

INDD Micro Grant, 2023/2024 Design For Complex Societies, 2024 Simon Chang Award, 2024 DESIS Scholarship, 2024 EDI Summit Winner, 2023

LANGUAGES

English, Persian

SKILLS

Research Community Engagement/ events Collaboration & Co-design Critical Problem Solving Policy and Advocacy Work Creative and Academic Writing Effective communication Manufacturing Processes Pattern Making/ Sewing Skill Book Making Adobe suits Microsoft Suite Examples are collective active exhibitions, design for belonging, enhancing student voices and collecting feedback through Crafting Utopias workshop series, and events

- Emily Carr University Anti-racist work (EDI)
- Modeling best practices on consultation and engagement
- Training and onboarding new board members

EXHIBITIONS AND CURATORIAL PRACTICE

"Missing
spaces" — The MOEC Gallery at Emily Carr University

March 2024 – Co-curator

"tender. tend. Tending." — The Library at Emily Carr University

Dec 2023 – Co-curator

"A Sense Making Archive of Imagining Utopias, Remembering Dystopias, and Crafting Zebras" – The MOEC Gallery at Emily Carr University

November 2023 – Curator

Lab Here// Too// For – Fashion Fictions at Vancouver Art Gallery

May-July 2023 - Researcher

"Peace & Chaos: of Woman, Life, Freedom" – The MOEC Gallery at Emily Carr University

June 2023 – Curator