## Arts in Ramsgate timetable Autumn 2024

	MON	TUES	WEDS	THURS	FRI	SAT
MORNING	Sketch Club with Ruth Rollason 11am-12.30pm	Closed for centre admin, cleaning and regular venue	Mental Health Recovery Sessions	Rosie's Craft with Christine & Annie	High Street Social Club with Rebecca Strickson	
EVENING AFTERNOON MOR	From Mon 16th Sept  A different still life and drawing activity each week. Materials provided, suitable for all levels.  Sessions cost £10 which pays the tutor, 20% of which supports AiR.  Cash & cards accepted.  Email to guarantee a spot or just drop in.	maintenance.	with the NHS Kent & Medway Recovery College  10.30am - 12.30pm  Haiku for Wellbeing Weds 2nd October  Student Connect Weds 11th December  Free sessions, booking essential	Every Thursday 1-4pm  £3 plus the cost of your chosen craft kit (from 80p to £3.50)  Join Christine and Annie to learn crafting skills to make your own cards, keepsakes and gifts.  Text Christine on 07773 528 829 to enquire or just drop in.	FREE workshops every Friday 12-2pm *check our website for full listings*  FREE social drop 11am-4pm  This term we will be focussing on 'glimmers'  A 'glimmer' is the opposite of a 'trigger'. It is a feeling of hope, safety or joy, even if it's just a tiny moment.  You can join the workshop or bring your own project.  Feel free to just drop in for a cuppa and a chat. Zero pressure, all welcome.  Refreshments provided, heating on!	Nobody ever turned away fo lack of funds!  All fee-paying sessions are 'PAY WHAT YOU CAN queries.

**Everyone is welcome at Arts in Ramsgate** 

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